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slow step-by-step process that aims to help you recover. Rehabilitation might help them get moving again, regain their strength, relearn skills, or find new ways of doing things. If you have rehabilitation, the aim is to help you lead as good a life as possible.

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Jun 23, 2020 physical rehabilitation of the  
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Physical Rehabilitation Of The Injured  
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This guideline provides recommendations on  
post-acute assessment for adults over 16  
years of age with brain injuries and

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interventions for cognitive, communicative, emotional, behavioural and physical rehabilitation. Evidence is also presented on patient outcomes such as optimal models and settings of care, the benefits of discharge planning and the applicability of telemedicine.

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Brain injury rehabilitation in adults - SIGN  
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