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DURHAM, N.C. – Following spring practice, the Duke football team returned full-time to the guidance and leadership of Head Football Strength ...

Duke Football: Strength &

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Conditioning - Duke University

Duke University Football Strength.
After Duke Football's Assistant
Strength and Conditioning Coach
Tony Smith guided us to The Pit
Barbecue Durham, North Carolina
for some real deal Carolina BBQ,
we made our way back to the

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Campus. Duke University. This place is a true gem of American universities. So, we checked out this updated room that looks spectacular with the huge Sorinex rack upgrade that looks great upon the all new PLAE flooring.

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Duke University Football Strength
- ATHLETIC STRENGTH AND ...

Duke's football team has been scattered across the country, which makes planning for offseason strength and conditioning workouts difficult.

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Football Player In Quarantine

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Conditioning Duke University
Football Strength. After Duke
Football's Assistant Strength and
Conditioning Coach Tony Smith
guided us to The Pit Barbecue

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Durham, North Carolina for some
real deal Carolina BBQ, we made
our way back to the campus.
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Tony Smith guided us to The Pit
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we made our way back to the

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campus. Duke University. This
place is a true gem of American
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ASAP Podcast at Duke Football
with Head Strength &

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Conditioning Coach Noel Durfey.

This is a modal window. Beginning of dialog window. Escape will cancel and close the window.

After Duke Football's Assistant Strength and Conditioning Coach Tony Smith guided us to The Original Q Shack: Durham, North

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Carolina and "BBQ as tender as a mother's love" for some real deal Carolina BBQ, we rested up for a meeting with Coach Noel Durfey at Duke University Football.

ASAP at Duke Bluedevils Football
Strength - ATHLETIC ...

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Potential At Duke University we
strive to provide the best
programming, facilities and

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training environment for our student-athletes as we expect optimal performance in return. We are fortunate to work out of 3 weight-rooms to accommodate our 27 Division 1 sports programs.

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Duke Sports Performance

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specializes in sport-specific strength, power, balance and proprioceptive training. Joao focuses on training movement patterns and building foundational strength to avoid injury, all while developing improvements in strength and

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Assistant Football Strength &
Conditioning Coach Duke
University - Football . Feb 2017 -
Present 3 years 9 months. Raleigh-

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Durham, North Carolina Area.
Strength and Conditioning Intern

Dalton Pontarelli, CSCS - Assistant
Football Strength ...

Duke coach David Cutcliffe has
seen the effects of a lack of
typical level of conditioning on his

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team, which has lost its first three games for the first time in his 13 years with the Blue Devils....

Lack of traditional preseason conditioning is causing ...

Artis spent two seasons at Duke working as assistant director of

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strength and conditioning prior to arriving in Knoxville in 2018. At Duke, he primarily trained the football and field hockey programs. He also worked with several other varsity sports. The Eden, North Carolina native played collegiate football at

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Tennessee Names Fitzgerald's
Replacement as Strength Coach

...

Assistant Strength and
Conditioning Coach Duke Football
Boone, North Carolina Higher

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Education. Duke University.

Appalachian State University. 182
connections. View Alexander
Artis, M.S. CSCS ...

Alexander Artis, M.S. CSCS -
Assistant Strength and ...

He specializes in sport-specific

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strength, power, balance and proprioceptive training. Joao focuses on training movement patterns and building foundational strength to avoid injury, all while developing improvements in strength and endurance. Email Joao Valerio or

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